

In Motion Competitive Dance Companies Guidelines

The IMDC Dance Team is a competitive dance team consisting of dancers ages 6-18. IMDC will dance under the direction of Renee Rich-Edwards and Marie Bandres. IMDC dancers compete at competitions and conventions on a Regional and National scale. IMDC will provide an opportunity for dancers to train at a high level and perform at competitions and conventions, while only dancing 2-3 required days per week. If students are interested in dancing more than the required amount, IMDC provides additional opportunities through optional small groups and or solos, duos or trios which will be rehearsed on additional days.

In Motion Competitive Dance Companies Outline

IMDC will consist of 3 age levels: Mini (prep), Junior, Teen/Senior. Each group will have their own dance schedule every week (see below). It is a possibility that IMDC will offer an *optional* all company production number. Sign up for this dance will take place in the fall. IMDC members are asked to make a commitment for the whole dance year. All dancers chosen are asked to return a commitment agreement as well as the team fee of \$100 no later than July 1.

Location

All of the IMDC classes and rehearsals will be held at In Motion Dance Center. The address is: 5084 Biscayne Blvd Miami, FL 33137. The phone number is (305) 751-2229.

Weekly Dance Schedule

Please note: the grade levels listed for each group are simply a basic guideline. Dancers may be moved to a higher level, technique pending.

Mini (Prep) Company – 3 hours required per week

Monday 4:00-5:00 – Mini Ballet

Wednesday 5:00-6:00 – Mini Ballet

Friday 4:00-5:00 – Mini Jazz (Company Class)

* The Mini Co. will have 1 competition dance; most likely a Jazz & Musical Theater

Junior Company (Mighty Movers)– 4 hours required per week plus Company Rehearsal

Tuesday 4:00-5:30 – Junior Ballet (required)

Tuesday 5:30-6:30 – Junior Jazz (required)

Thursday 4:30-5:30 – Junior Lyrical(required)

Thursday 5:30-6:30- Acro/Stretch

Friday 4:00-5:30 – Junior Ballet(required)

Friday 5:30-6:30- Company Rehearsals

*The Junior Co. will have 2 competition dances; Jazz, Lyrical, and an Open **or** Musical Theater

*Small groups, solos and duo/trios are optional

Teen/Senior Company (“Motivators”) –6 hours required per week

Monday 5:00-6:30 – Ballet (required)

Monday 6:30-7:30- Lyrical/Contemporary (required)

Tuesday 6:30-7:30- Jazz (required)

Thursday 4:30-6:00- Ballet/Pointe (required)

Friday 5:30- 6:30- Stretch/Strengthen/Alignment (required)

Friday 6:30-8:00- Company Rehearsals

*The Teen/Senior Co. will have 3 competition dances in which all members would participate; Contemporary, Lyrical, and Jazz/Musical Theater

*Small groups, solos and duo/trios are optional

Tuition

Tuition is due regardless of attendance, participation, or any other outside circumstances except dismissal from the team by the directors. All payments for tuition, costumes, and competition fees and any other related fees and expenses as set forth by In Motion are the sole responsibility of the team members parent and will be paid in a timely fashion.

Costumes

Each dance will require a new costume. Costume prices will not exceed \$100.00 per costume. Shoes & tights to match the costumes will also be required and are not included in the costume price. You will receive an IMDC garment bag.

Competitions & Conventions

RDC will be required to attend a total of 2-3 competitive events in the Florida area:

- 3 (two regional, one national) conventions which include workshop classes **and** competition
- IMDC members will have the opportunity to attend additional dance conventions if they so choose
- The Mini Company may attend only 1 convention instead of 2. This will be decided upon by the Mini parents in the fall.

Teacher travel & accommodation fee

A flat fee will be collected in fall to cover the teacher travel fees/accommodations/time at all competitive events. At this time, the fee cannot be determined because the number of total participants has yet to be decided.

Solos, Duos & Trios

If dancers choose to perform a solo or duo/trio, the fee is \$75 per hour for solos. For duets you will split the price. There will not be any choreography fees collected in addition to this fee.

Extra Rehearsals

At the beginning of each month prior to a competition an additional rehearsal schedule will be posted. These scheduled rehearsal are mandatory.

Small Group Dances

If dancers from Junior, Teen & Senior Company choose to participate in a small group, the rehearsal fee is \$10.00 per hour/per dancer and must be approved by the Choreographer. Small groups can be performed in any style.

Attendance & Absence Policy

- The dancer year will be split up into 3 semesters: fall, winter & spring. Each semester will be approximately 12 weeks in length starting in September and finishing in June.
- Each missed class counts as a single missed class. If two classes are offered on one day, two absences will be counted if the dancer missed the entire day.
- All dancers are allowed 4 vacation/excused absences per semester. Please always alert the teachers in a timely fashion of when you will miss class.

- ☐ Dancer's absences are not to exceed a total of 6 missed classes per semester.
- ☐ Dancers are allowed to miss only 2 Company classes (the class on the schedule in which competition dances are rehearsed) per semester.
- ☐ If any dancer is more than 15 minutes late to a class, the class will be counted as an absence and the dancer will have to take notes at the discretion of the teacher.
- ☐ Dancers can participate in makeup classes if they so choose.
- ☐ If a dancer is physically injured, an absence will not be counted if he/she observes class and takes notes. If a dancer is ill and does not feel well enough to dance, they are asked to stay home. Please do not come too sick to dance.
- ☐ In the event a dancer does not maintain the absence guidelines above, (exceeds the 5 total absences allotted per semester or misses more than 1 company class per semester) the dancer will be removed from a competition dance of teacher's choice for the upcoming dance competition. In the case a dancer exceeds the absence rule a second time, the dancer will then be permanently removed from that dance for the remainder of the dance season.
- ☐ Costume and or competition fees will not be refunded in the case a dancer is removed from a dance due to noncompliance of the absence rule.

Food at Competitions

If the IMDC parents are interested and there is parent volunteers to assist with the program, it is possible for dancers to have catered meals for dancers at the competitions and conventions. The cost is typically \$10.00 per dancer per meal. This will be decided by majority vote by the parents at the IMDC parent meeting in fall.

Dressing rooms at competitions

IMDC dancers along with a select group of "Team-Moms" will be asked to help the younger dancers with their costume changes. This is to ensure the dressing rooms remain calm and run as smoothly as possible and to avoid issues with backstage traffic. We will decide at fall meeting who the "Team-Moms" will be. All other moms and dancers must remain in audience at competition/convention.

Extras

All dancers will need a IMDC warm-up suit. The cost for the suit will be about \$85.00. This cost includes both the jacket and pants. For \$10.00 extra you can get it personalized with your name. A lot of the dancers do not do this so they can trade warm ups as they grow!

Makeup

All dancers must own their own makeup. The company E.L.F has generously offered to sponsor our teams and each dancer will receive a complete makeup set at the beginning of each new season. The only thing you will need to buy is lipstick by MAC in the color "Viva Glam 1"

Nationals

IMDC parents will have the option to vote on nationals for 2010. The three options would be: no nationals, Orlando nationals, or an out of state nationals. This will be decided upon by majority vote by the parents at the IMDC parent meeting in fall.

Year End Recital

IMDC will perform all of their dances in a year end recital in June for family & friends to come and see.